



P.E. POLICY

PE Curriculum Intent

At Trekner School we believe Physical Education should give all children the opportunity to improve and achieve physical competence in line with their age and potential. Our Physical Education teaching enables children, whatever their circumstances or ability, to take part in and enjoy a wide range of activities. The wider benefits of PE include the promotion of positive attitudes to health and well-being, the development of emotional resilience and a wide range of personal skills including leadership to support the development of our children becoming local and global citizens.

PE Curriculum Implementation

Curriculum aims

- To teach children to become skilful and thoughtful performers, developing control and co-ordination and becoming physically literate.
- To develop an understanding of what they do in PE, school sport and physical activity and how it contributes to a healthy and active lifestyle.
- To give children the confidence to get involved in PE and school sport, applying and adapting their skills in a wide range of activities.
- To encourage an appreciation of the creative and aesthetic aspects of PE.
- To contribute to children's social and emotional development in promoting their confidence and self-esteem.
- To develop qualities such as commitment, fairness, tolerance and a concern for others as well as individual success.
- To develop personal and social competence and the necessary skills to manage success in competitive and co-operative situations, to cope with losing, and to retain a proper sense of perspective in competition.
- All children are entitled to a progressive and comprehensive Physical Education programme which embraces the statutory orders of the National Curriculum 2014 and which takes account of individual interests and needs.
- All children have access to at least 2 hours high quality PE every week.
- To encourage children to take part in 30 active minutes daily providing a varied menu of activities.

Curriculum Planning

- The school uses the Arena PE schemes of work.
- PE lessons are planned so that they build upon the prior learning of the children.
- There is planned progression built into the schemes of work at Foundation Stage, KS1 and KS2, so that the children are increasingly challenged as they move through the school.
- Resources are audited on a regular basis and new resources for new sports are to be purchased through Sports Premium funding.
- At KS2, all components of the National Curriculum re taught through Athletics, Dance, Games, Gymnastics, Outdoor Adventure Activities and Swimming are covered throughout the year, so that children receive a broad and balanced curriculum.
- A curriculum map and curriculum provision skills document are in place to show the progressive stages the children access as they move through the school.

Teaching and Learning

Lessons should be conducted in a secure, supportive and disciplined manner.

High quality lessons should contain the following elements:

- Purpose - lessons should have clear objectives and defined learning outcomes that are shared with the class at the beginning of the lesson.
- Progression - the ability of pupils should be developed with increasing demands made on them both physically and mentally. Building on previous learning is essential, so too is working to achieve successful outcomes through reinforcement, application and refinement of schemes.
- Pace - there should be high levels of activity, tasks need to be easily and clearly explained with high expectations set for individual and group achievement.
- Challenge - high expectations should be set for individual and group achievement. Pupils should be extended both physically and mentally through interesting tasks.
- Differentiation - this should be achieved using tasks and equipment that enable the children to be challenged appropriately and which ensures good progress for all ability groups.
- Decision Making - children should be given responsibility for equipment, group organisation and at times their own learning as they practice and refine skills in order to improve the quality of their performance.

School Sport

The school also provides a range of extra- curricular activities; these encourage children to further develop their skills: Multi Skills club and football club are offered to the children currently; further sporting clubs will be added into the after school club programme into the spring terms.

The school is developing links with Launceston College and surrounding schools to ensure the children will have access to some out of school competitions including football tournaments and competitive sports days.

Gifted and Talented children are identified and placed on the SEND register. Opportunities are signposted to them through local sports clubs.

Physical Activity

Children will be given the opportunity to take part in a variety of opportunities to promote physical activity including 30 active minutes, outdoor learning and the opportunity to experience a variety of outdoor and adventurous activities on and off the school site.

PE and School Sport Premium.

Sports Premium funding has allowed the employment of specialist PE teachers and coaches to deliver high quality PE lessons across the school in addition to providing professional development for staff. All external specialist are DBS checked and meet the school visitors' policy.

The staff access meetings and courses through ARENA and staff development meetings and provides them with opportunities for individual and collective Continual Professional Development.

A PE and School sport premium plan is developed annually and the premium spend is reported on the schools web site at the end of each academic year. This includes detail of the intended actions how they have been implemented and the impact to date. It also reports annually on the number of Year 6 children who can swim 25 metres which is a requirement of the grant.

EQUAL OPPORTUNITIES

All children should be provided with equal opportunities to participate in a curriculum in which there are no barriers to access based on race, sex, culture or ability. PE lessons should aim to provide quality experiences that challenge and support the children.

RISK ASSESSMENT and PE KIT

Safety is paramount when planning PE activities. The learning environment and equipment is maintained and checked regularly with the subject leader being responsible for purchasing and maintaining equipment and resources.

- The children are encouraged to consider their own safety and the safety of others. They are taught how to move and use apparatus safely under supervision.
- All children are required to have a PE kit within school on PE days. All children will be required to change into their PE kit for every PE lesson.
- Should a child continually forget their kit, a letter will be sent to their parents.
- No jewellery or watches are to worn for any physical activity, long hair should also be tied back.

Health and Well being

At Trekenner School we firmly believe that PE is at the heart of a child's health and well - being and we will be working towards ensuring that health education is an integral part of the teaching of PE within our school. We understand the strain that has been felt by the children over the past two year with changes to their lifestyles due to national and local lockdowns, we aim to ensure physical activity is embedded within our curriculum but also to ensure the mental well being of the children is supported.

Curriculum Impact

Assessment, monitoring and reporting.

- Teacher's assessment in PE takes place through observation during lessons and follows the Arena bronze, silver and gold assessment scheme.
- At KS 1 and 2 assessment is carried out at the end of each unit of work. Class teachers are responsible for filling out simple tick sheets showing the children's achievements at the end of each lesson to support full assessments.
- Class teachers make an annual assessment of effort and achievement for each child as part of the child's annual report to parents. This information is passed on to the next teacher at the end of the year.
- Teachers are also encouraged to assess children's knowledge and understanding of health and well-being and leadership skills using the Arena statements for guidance in their teaching and assessment.
- The subject leader ensures that the PE curriculum is delivered throughout the school through monitoring, learning walks, lesson observations and discussion with staff and pupils.
- Pupil consultation is carried out on a termly basis with the sports/student council to monitor the impact of PE and identify changes which need to be made for continuous improvement.
- Class teachers are asked to highlight key children in the weekly celebration meeting through PE star of the week certificates.

At Trekenner Primary School, we want the children to have a love of physical education through fun, exploratory, progressive lessons, taught by experienced class teachers to ensure the children are healthy in body and in mind.

Definitions used in this policy

- **Physical Education**

Physical education is the planned progressive learning that takes place in school curriculum timetabled time and which is delivered to all pupils.

- **School Sport**

Is the structured learning that takes place beyond the curriculum (ie the extended curriculum) within school settings.

- **Physical Activity**

Physical Activity is a broad term that describes bodily movement, posture and balance. This includes elements of physical education but also includes OAA, indoor and outdoor play, active travel, cycling, roller blading scooting and outdoor learning.

Written by J.Humphries 01/12/2021